

2000 Census Update: Population History & Current Population Estimates -- RPC Region

Town/Area	Population History													Population Density	
	US Census Population Counts and OSP Estimates*							Recent Growth		Avg. Annual Growth Rates				(person/sq. mi.)	
	1950	1960	1970	1980	1990	1999*	2000	Chg 90-00	% Chg	70 to 80	80 to 90	90 to 00	80 to 00	1970	2000
Atkinson	492	1,017	2,291	4,397	5,188	6,228	6,178	990	19.1%	6.7%	1.7%	1.8%	1.7%	192.9	520.2
Brentwood	819	1,072	1,468	2,004	2,590	3,126	3,197	607	23.4%	3.2%	2.6%	2.1%	2.4%	81.8	178.1
Danville	508	605	924	1,318	2,534	3,824	4,023	1,489	58.8%	3.6%	6.8%	4.7%	5.7%	79.0	344.0
East Kingston	449	574	838	1,135	1,352	1,674	1,784	432	32.0%	3.1%	1.8%	2.8%	2.3%	80.8	171.9
Epping	1,796	2,006	2,356	3,460	5,162	5,704	5,476	314	6.1%	3.9%	4.1%	0.6%	2.3%	89.0	206.9
Exeter	5,664	7,243	8,892	11,024	12,481	13,338	14,058	1,577	12.6%	2.2%	1.2%	1.2%	1.2%	456.4	721.6
Fremont	698	783	993	1,333	2,576	3,301	3,510	934	36.3%	3.0%	6.8%	3.1%	5.0%	56.0	197.9
Greenland	719	1,196	1,784	2,129	2,768	3,187	3,208	440	15.9%	1.8%	2.7%	1.5%	2.1%	167.3	300.9
Hampstead	902	1,261	2,401	3,785	6,732	7,807	8,297	1,565	23.2%	4.7%	5.9%	2.1%	4.0%	182.5	630.7
Hampton	2,847	5,379	8,011	10,493	12,278	13,496	14,937	2,659	21.7%	2.7%	1.6%	2.0%	1.8%	587.2	1094.9
Hampton Falls	629	885	1,254	1,372	1,503	1,793	1,880	377	25.1%	0.9%	0.9%	2.3%	1.6%	98.6	147.8
Kensington	542	708	1,044	1,322	1,631	1,871	1,893	262	16.1%	2.4%	2.1%	1.5%	1.8%	82.3	149.2
Kingston	1,283	708	2,882	4,111	5,591	5,907	5,862	271	4.8%	3.6%	3.1%	0.5%	1.8%	146.7	298.5
New Castle	583	823	975	936	840	876	1,010	170	20.2%	-0.4%	-1.1%	1.9%	0.4%	1151.6	1192.9
Newfields	469	737	843	817	888	1,386	1,551	663	74.7%	-0.3%	0.8%	5.7%	3.3%	104.4	192.1
Newington	494	2,499	798	716	990	789	775	-215	-21.7%	-1.1%	3.3%	-2.4%	0.4%	96.0	93.2
Newton	1,173	1,419	1,920	3,068	3,473	4,115	4,289	816	23.5%	4.8%	1.2%	2.1%	1.7%	178.6	398.9
North Hampton	1,104	1,910	3,259	3,425	3,637	4,086	4,259	622	17.1%	0.5%	0.6%	1.6%	1.1%	232.0	303.1
Plaistow	2,082	2,915	4,712	5,609	7,316	7,987	7,747	431	5.9%	1.8%	2.7%	0.6%	1.6%	413.4	679.7
Portsmouth	18,830	25,833	25,717	26,254	25,925	23,112	20,784	-5,141	-19.8%	0.2%	-0.1%	-2.2%	-1.2%	1578.3	1275.6
Rye	1,982	3,244	4,083	4,508	4,612	4,786	5,182	570	12.4%	1.0%	0.2%	1.2%	0.7%	310.0	393.4
Salem	4,805	9,210	20,142	24,124	25,746	27,977	28,112	2,366	9.2%	1.8%	0.7%	0.9%	0.8%	777.6	1085.3
Sandown	315	366	741	2,057	4,060	4,851	5,143	1,083	26.7%	10.7%	7.0%	2.4%	4.7%	52.1	361.5
Seabrook	1,788	2,209	3,053	5,917	6,503	7,135	7,934	1,431	22.0%	6.8%	0.9%	2.0%	1.5%	336.8	875.2
South Hampton	314	443	558	660	740	808	844	104	14.1%	1.7%	1.2%	1.3%	1.2%	68.1	103.0
Stratham	759	1,033	1,512	2,507	4,955	5,950	6,355	1,400	28.3%	5.2%	7.1%	2.5%	4.8%	98.2	412.9
Windham	964	1,317	3,008	5,664	9,000	10,317	10,709	1,709	19.0%	6.5%	4.7%	1.8%	3.2%	109.2	388.7
RPC Region	53,010	77,395	106,459	134,145	161,071	175,431	178,997	17,926	11.1%	2.3%	1.8%	1.1%	1.5%	279.2	469.4
Rockingham County	70,059	98,065	138,950	190,345	245,845	269,746	277,359	31,514	12.8%	3.2%	2.6%	1.2%	1.9%	193.6	386.5
New Hampshire	529,880	606,787	737,681	920,475	1,109,252	1,201,000	1,235,550	126,298	11.4%	2.2%	1.9%	1.1%	1.5%	79.7	133.6

